



## Crèche Guidelines for use

Exercise is a very important part of our lives, so we at CrossFit Tone want to do as much as we can to make it easier for you to lead a healthier and happier life. In consideration of CrossFit Tone allowing my child/ren to participate in the crèche, I acknowledge, understand and am aware that I have voluntarily allowed them to participate and agree to the waiver I have previously signed in respect of myself, to extend to them.

Our child minding facility is offered to members to help mum's achieve their health and fitness goals while our staff look over their children. Even though this is a temporary facility, the carers are experienced (mostly they are mum's themselves). However, they are not qualified child carers. They are here to assist as much as possible however, in the event that your child is unhappy or can't be settled, the mum/guardian will be notified immediately to take over.

**Please Note:** For your convenience, school aged children will be allowed in the crèche during the school holidays (applicable fees apply).

To avail yourself of this facility you need to agree to follow our Crèche guidelines as follows:

- The minimum accepted age for babies is 6 weeks old.
- We ask that sick children or children with colds, flue or other contagious ailments not to be left in the crèche.
- The maximum allowable time for any child to be left in the crèche is 1 and a ½ hours.
- Only patrons utilising the centre may leave their child or children in the crèche.
- Parents must stay on the premises when their child or children are in the crèche.
- Eating will only be permitted when other children in the crèche are not inconvenienced.
- A drink will be allowed.
- Toys from home will be permitted when other children in the crèche are not inconvenienced.
- Bring spare clothes (nappy) if child is not toilet trained.
- Allergies should be advised to crèche staff.
- Please be aware that as we are a temporary facility, Vaccination statuses of children utilising the crèche are not required. However, for your child's safety, and that of the other children utilising the crèche, we would strongly recommend having your child's vaccinations up to date.
- Non Mum's and Bub's members/guests who wish to utilise the crèche during school holidays can either pay the applicable casual fee of \$10/session or upgrade their membership for the required interval (fortnightly increments).
- Non Mum's and Bub's members/guests who wish to utilise the crèche outside of crèche hours (eg unsupervised older children) are welcome upon payment of the applicable casual fee \$10/session.

### Crèche opening times

Monday to Friday: 9.20am to 11.40am and 3:50pm to 5:10pm

Closed Public Holidays